

PROJECT RENEWAL FIT-FEST

9:00 a.m. – 11:00 a.m.

SATURDAY, APRIL 13, 2019

Proceeds go to  Youth Program

Event Info: Consists of 10 challenges/obstacles to perform and complete with a *partner*. The obstacles will be a physical activity or sport drill with options for people of all abilities to participate. Additional fun activities in Sr. Concetta Park for everyone. Medals awarded for each category.

Partner Categories: AA=2 adults, AT=1 adult/1teen, AK=1 adult/1 kid, TT=2 teens, TK=1 teen/1 kid, KK=2 kids. Volunteer adult partners will be provided if needed.

Category Description: Adult=18 years and older, Teen=13-17 years, Kid = 12 and under.

Course: Start and finish at Sr. Concetta Park, located at the intersection of 6th and Warren Streets, Davenport, IA. Flat .8 mile route.

Packet Pickup: Friday, April 12 from 5 – 6 p.m. Event day: 8:00 a.m. Pick up at 510 Warren Street, Davenport, IA.

Event Shirts: Shirt guaranteed if registered by April 1.

Parking: Available in the parking lot and the east side of street on Warren Street between 4th and 5th Streets. Refreshments provided, restrooms available.

Door Prizes: Available for registered participants, must be present to win. Gold Coast-Hamburg Historic District Association, recipient of the "Great Places in America" award for neighborhoods, will award gifts.

For More Information: Contact Project Renewal at 563-324-0800 or check online at www.projectrenewal.net

Registration also available online @ www.GetMeRegistered.com



Registration Form

You must complete a separate registration form for each participant, but you can write one check for multiple entrants as long as you include all the forms with that check. Registration fees are non-refundable.

Mail registration and checks to:
Project Renewal
906 W. 5th Street
Davenport, IA 52802

PLEASE COMPLETE A REGISTRATION FORM FOR EACH PARTICIPANT

Copy this form, print off a form at www.projectrenewal.net, or call 563-324-0800 for additional forms.

Name: _____ Age on Apr. 13, 2019 _____

Parent/guardian name (for youth participants) _____

Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Circle Partner Category: AA AT AK TT TK KK

Name of Partner, if known: _____

Do you want to be assigned a partner? YES NO

Circle shirt size: YS YM YL S M L XL XXL

Registration fee.....\$20 Kid registration (12yrs. & under)..... no charge
Shirt guaranteed only if registered by April 1 TOTAL amount enclosed.....\$ _____

Waiver of liability: I assume all risks associated with participating in this event. In consideration of this entry, I for myself, my executors, administrators and assignors do hereby release and discharge Project Renewal and any other sponsor/contributor for all claims or damages, demands and actions whatsoever in any manner arising or growing out of my participation in the Project Renewal Fit-Fest 2019.

Signature (parent/guardian if under 18) _____ Date: _____